



TREVECCA

NAZARENE UNIVERSITY

Master of Science in Human Performance and Fitness

Cohort MSHPF 2

Course #	Course Name	Credit	Start Week 1	End Week 6	Break	Semester
EXS 6000	Intro to Human Performance & Fitness	2	8/8/2023	9/18/2023		1
EXS 6010	Applied Anatomy & Kinesiology	3	9/19/2023	10/30/2023		1
EXS 6020	Applied Exercise Physiology	3	10/31/2023	12/18/2023	11/21/23 12/19/23 12/26/23	1
EXS 6030	Biomechanics & Biomechanical Screening	3	1/2/2024	2/12/2024		1
EXS 6100	Fund of Aerobic Training & Anaerobic Prog	3	2/13/2024	3/25/2024	3/26/2024	2
EXS 6110	Adv Aerobic & Strength Progressions	3	4/2/2024	5/13/2024		2
EXS 6120	Fitness Assess & Training Progression for Special Populations	3	5/14/2024	6/24/2024		2
Track	E & I Track	3	6/25/2024	8/5/2024		3
Track	E & I Track	3	8/6/2024	9/16/2024		3
Track	E & I Track	3	9/17/2024	10/28/2024		3
EXS 6130	Fitness & Nutrition	3	10/29/2024	12/16/2024	11/19/2024 12/24/2024 12/31/2024	4
EXS 6210	Human Perf & Fitness Capstone	3	1/7/2025	2/17/2025		4
EXS 6230	Human Perf & Fitness Field Exp	1	2/18/2025	3/31/2025		4

*Schedules are subject to change

Attendance

Attendance is determined by participation in weekly learning activities. A student is reported absent for a week if there is no participation in course discussions or submission of assignments during that week. Under emergency circumstances, a student may be allowed one absence in courses that are five weeks or more in length and must file an absence appeal. Students exceeding the allowed tardies/absences will receive a failing grade.

The Attendance Policy can be found in the Graduate and Continuing Studies Catalog.